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## **Urogynecology Resource List & Procedure Information**

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## Female Urinary Incontinence

- Continuous leakage of urine
- Enuresis (bed wetting)
- Mixed urinary incontinence
- Stress urinary incontinence (urine leakage with activity)
- Urgency urinary incontinence (urine leakage on the way to the restroom)

## Pelvic Organ Prolapse

- Bladder prolapse
- Cystocele
- Enterocele
- Rectocele
- Vaginal prolapse
- Uterine prolapse
- Prolapse of urethra

## Fistulas:

- Bladder uterine fistula
- Rectourethral fistula
- Rectovaginal fistula
- Vesicovaginal fistula
- Urethrovaginal fistula

## Fecal Incontinence

- Coming Soon

## Other Bladder Issues:

- Detrusor instability
- Dysuria
- Frequent urination
- Frequent Urinary tract infections
- Urinary retention
- Urinary urgency
- Nocturia (night time urination)

- Overactive bladder

**Other conditions:**

- Vaginal mesh implant complications
- Imperforate hymen
- Postpartum pelvic floor issues
- Enlarged labia causing pain and issues

**Treatment options including minimally invasive surgeries:**

- Pessary
- Abdominal sacrocolpopexy with or without hysterectomy
- Laparoscopic sacrocolpopexy with or without hysterectomy
- Robotic-assisted sacrocolpopexy with or without hysterectomy
- Anterior repair
- Posterior repair
- Bladder suspension
- Colposuspension
- Colporrhaphy
- Vaginal colpopexy
- Vaginal hysterectomy
- Vaginal suspension
- Repair of cystocele
- Repair of enterocele
- Repair of rectocele
- Repair of vaginal tear
- Third/Fourth degree repair
- Bladder training
- Pelvic floor muscle strengthening
- Periurethral bulking
- Sling procedures
- Tension-free vaginal tape
- Cystoscopy
- Urodynamic testing
- Percutaneous Tibial Nerve Stimulation (PTNS)
- Electromyography of urethral sphincter
- Fistula repair surgeries
- Reconstruction of vagina
- Reconstruction of urethra
- Labiaplasty

- Mesh removal
- Vaginal septum surgery

### **Urogynecology Resource List**

- ★ [Voices of PFD](#)
- ★ [UGA patient handouts](#): this offers multiple languages if patients want non-English resources
- ★ [Sharp class for pelvic floor health during pregnancy, delivery, and postpartum](#) (it's going to be offered monthly and the charge is gonna get waived)
- ★ [Sharp pelvic floor physical therapy](#)